

Wellness Wholeness Holiness Month
**“Parenting in the Age of Screens: Raising Remarkable,
Resilient Children”**
Proverbs 22:6, Deuteronomy 6:1-9
October 27, 2024

Start children off on the way they should go,
and even when they are old they will not turn from it.

Proverbs 22:6

Sermon Points:

1. Parenting is Disciple-Making

- Your own followership of Jesus will impact your parenting.
- Read Ephesians 6:1-3,4.
- Deuteronomy 6:1-9 speaks of discipleship in a parenting context.

2. The Lord Our God, The Lord is One

- *Love the Lord your God with all your heart and with all your soul and with all your strength.*
- *“Impress on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. Tie them as symbols on your hands and bind them on your foreheads. Write them on the doorframes of your houses and on your gates.”*

3. In our regular – daily life, our discipleship shows.

- It's important to understand that while the world encourages us to prioritize “self-improvement,” our relationship with God teaches us that life is not centered on ourselves, but on God.

What are the 5 recommendations from Haidt’s book “The Anxious Generation”?

1. Give children far more _____ with other children.
2. Look for more ways to embed children in stable real-world _____.
3. Don’t give a _____ as the first phone.
4. Don’t give a _____ until _____ school.
5. Delay the opening of _____ on nearly all _____ media platforms until the _____ of high school (at least).

