

The 4 Loves
“Eros (Romantic)”
Matthew 19:4-6, 1 Corinthians 6:18-20, Ephesians 5:22, 25,
1 John 4:7-8
February 9, 2025

To love at all is to be vulnerable. Love anything and your heart will be wrung and possibly broken. If you want to make sure of keeping it intact you must give it to no one, not even an animal. Wrap it carefully round with hobbies and little luxuries; avoid all entanglements. Lock it up safe in the casket or coffin of your selfishness. But in that casket, safe, dark, motionless, airless, it will change. It will not be broken; it will become unbreakable, impenetrable, irredeemable. To love is to be vulnerable.

— C.S. Lewis, The Four Loves

Sermon Points:

- 1. Eros love is the kind of affection meant to describe a healthy, sensual love between husbands and wives.**
 - *‘For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh’* (Matthew 19:4-6).
 - Marriage is God’s design, Eros love is best expressed in the safe confines of a marriage union.
- 2. God cares about what we do with our bodies.**
 - (1 Corinthians 6:18-20)
 - Jesus paid for your sins, your master was Sin and Death but now it is Jesus.
 - Your body is the temple of the Holy Spirit.
- 3. 3 main takeaway points:**
 1. Eros love is physical intimacy between a husband and wife in marriage. It’s a gift from God.
 2. Eros love intensifies with selflessness (agape love) and is diminished by selfishness. Good Eros takes work.
 - The key to a strong and healthy marriage is agape love.
 3. Today’s culture has a distorted view of Eros love. God’s message is to “not awaken love until the time is right”.

